

SURF LESSON

Westport

You love the sun? You want to have fun? You like the ocean? Book a surfing lesson for today! Surfing is a great activity for both your body and your soul. Learn to surf at one of NZ's best surf spots! The surf teacher will show you all the basics and provides you with all surfing equipment (wetsuit, board, etc) before you can get into the water and try to catch a wave. The 3 hours surf lesson includes coach, wetsuit and a board.

Duration: ~3.5 hours

Price: NZ\$110



GLACIER HELICOPTER FLIGHT

Franz Josef

Are you ready for an adventure? Get ready to lift off, gazing over staggering ice formations and rugged South Island terrain. Then you'll touch down on the snowy glacial plains, inhale the mountain air and take snaps with your chopper before heading back to base. The Franz Josef Glacier is constantly moving. Flight duration is approx. 20 minutes.

Price: NZ\$395 (15+)

Price: NZ\$275 (up to 14)



SKYDIVE

Queenstown

The dramatic landscapes of Queenstown provide a simply stunning backdrop for your New Zealand skydiving experience. Skydive in Queenstown, the adrenaline capital of the world and parachute over the stunning Remarkables mountain range and Lake Wakatipu. The premium place to jump out of a perfectly good aeroplane! Harnessed by space age materials to a qualified Jumpmaster, you step out of that aircraft door and enjoy the thrill! Conditions: 100 kg weight limit, those 18 years & under require parental/guardian consent. Duration: ~ 3.5 hours

Price: NZ\$359 (9.000ft)

Price: NZ\$449 (12.000ft)

Price: NZ\$549 (15.000ft)



CANYON SWING (SOLO)

Queenstown

Shotover Canyon Swing is the world's highest swing located at the edge of a cliff 109m above the Shotover River. Upon departing from the platform you'll have a pure freefall of 60m into the canyon before the ropes smoothly pendulum you to a giant swing arc of 200m at 150kph. The freefall/swing journey is so smooth you'll barely notice when you've finished free-falling and begun your swing. You can choose from over 70 different solo and tandem jumpstyles!

Duration: ~ 2.5 hours

Price: NZ\$295



CANYON SWING (TANDEM)

Queenstown

Shotover Canyon Swing is the world's highest swing located at the edge of a cliff 109m above the Shotover River. Upon departing from the platform you'll have a pure freefall of 60m into the canyon before the ropes smoothly pendulum you to a giant swing arc of 200m at 150kph. The freefall/swing journey is so smooth you'll barely notice when you've finished free-falling and begun your swing. You can choose from over 70 different solo and tandem jumpstyles!

Duration: ~ 2.5 hours

**Price: NZ\$590
(= NZ\$295 per person)**



MILFORD SOUND FLY/CRUISE/FLY

Queenstown

Take off from Queenstown, and fly above the rugged backcountry of Central Otago, before heading westward to where the glacial-fed rivers empty into Lake Wakatipu. Witness what the power of nature has created over the years, as you journey over two remarkable National Parks; Mt Aspiring and the world heritage listed Fiordland National Park. Upon landing at Milford Sound Airport you are welcomed to a view of Mitre Peak, standing tall at the head of the fiord. Surrounded by some of the most magnificent scenery in the world, you'll board your Mitre Peak Cruises vessel and begin your voyage cruising the length of the 16km fiord out to the Tasman Sea.

Duration: ~ 4.0 hours

**Price: NZ\$764 (16+)
Price: NZ\$517 (up to 15)**



IFLY - KICKSTART

Queenstown

The cheapest way to fly in Queenstown! Enjoy the sensation of floating on a smooth cushion of air with our entry flight option. Be prepared, this flight will definitely leave you wishing you'd flown more! Kickstart your day with 2 flights, valid for 1 flyer only. Each flight lasts 60 seconds. 2 flights equivalent to 3 skydiving freefalls from 12,000 ft Flight Gear Rental Pre-Flight Training One on One Instruction Ages 5 to 105 can Fly.

Duration: ~ 1.0 hour

Price: NZ\$139



NEVIS CATAPULT

Queenstown

Ride the world's biggest human catapult - the Nevis Catapult. Embrace your inner superhero and take flight as you are propelled 150m out across the Nevis Valley, soaring through the air at exhilarating speed - with up to 3Gs of force - followed by a thrilling rebound that guarantees an adrenaline rush like no other. This one-of-a-kind high speed ride is fast and fantastically fun and will have you screaming out for more.

Requirements: Weight: min. 45kg / max. 127kg

Duration: ~ 4.0 hours

Price: NZ\$255



NEVIS BUNGY & SWING COMBO

Queenstown

If one activity in the Nevis playground doesn't quite do the job for you, you can book 2 activities in 1: Combining the 134m bungee jump above the stark beauty of the Nevis River, the highest Bungee (bungee) in Australasia which is a once in a lifetime experience itself (the Nevis Bungee is not for the faint of heart. With 8.5 seconds of falling it's a breathtaking ground rush like no other) with the most famous Swing in the World. Swing by yourself or tandem with a friend - forwards, backwards, upside down - you choose. You'll complete the 300m arc, bellowing at the top of your lungs, wanting to do it all over again once you're back on solid ground.

Duration: ~ 4.0 hours

Price: NZ\$620



NEVIS SWING

Queenstown

Introducing the Most Famous Swing in the World - and we don't say that lightly. It's big, it's bad and it's loud (if you consider every shriek of every person who's had a go). Swing by yourself or tandem with a friend - forwards, backwards, upside down - you choose. You'll complete the 300m arc, bellowing at the top of your lungs, wanting to do it all over again once you're back on solid ground. Requirements: Weight: min. 35kg / max. 220kg.

Duration: ~ 4.0 hours

Price: NZ\$285



NEVIS HIGHWIRE BUNGY

Queenstown

Set an epic 134m above the stark beauty of the Nevis River, the highest Bungy in Australasia is a once in a lifetime experience. A scenic 35 minute drive in comfortable buses lulls you into a false sense of security. Once onsite, the nerves gradually build as you're whisked to a specially constructed highwire pod aboard a 6-person shuttle. Now, suspended between the valley walls, only one thing stands between you and glory as you face one of the greatest personal challenges of your life: your own fear. With 8.5 seconds of falling it's a breathtaking ground rush like no other.

Requirements: Weight: min. 45kg / max. 127kg.

Duration: ~ 4.0 hours

Price: NZ\$355



KAWARAU BRIDGE BUNGY

Queenstown

The Kawarau Bridge Bungy (bungee) is the World Home of Bungy Jumping. It was from this site in 1988 that Bungy pioneers AJ Hackett and Henry van Asch launched both themselves and an international phenomenon, which has become renowned as one of the most exhilarating things to do in Queenstown - the adventure capital of the world. This has been the world's best known and best loved Bungy Jump for more than 20 years and it continues to set pulses racing amongst the extreme enthusiasts who visit from all corners of the globe, whether young in age or young at heart. If you want to be tied up & thrown off with a friend, then this is the site for you, as it offers Queenstown's only tandem Bungy Jump. Just remember that sharing the thrill doesn't mean halving the fear!

Includes Photo & Video/

Duration: ~ 3.5 hours

Price: NZ\$280



DOUBTFUL SOUND COACH/CRUISE

Queenstown

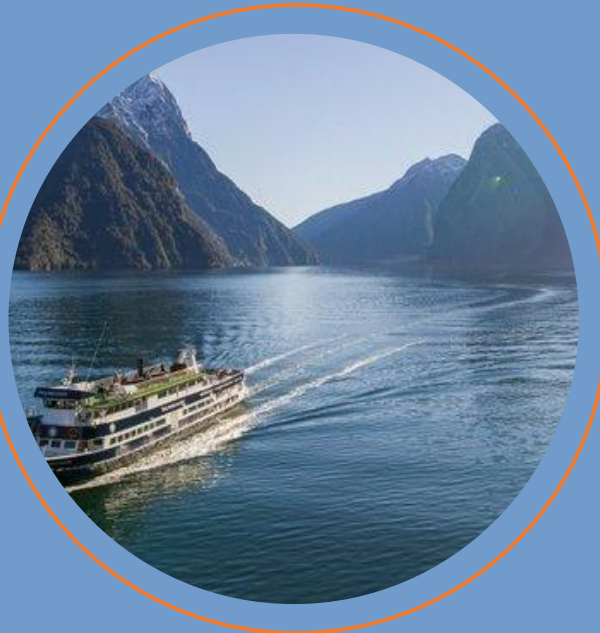
When you discover Doubtful Sound you will be struck by its silence – broken only by birdsong, or maybe the rushing of a distant waterfall.

Your Doubtful Sound adventure begins as you cruise the crystal clear Lake Manapouri – a stunning lake renowned for its numerous islands and deserted beaches. Then it's over Wilmot Pass, on one of New Zealand's remotest and prettiest sub-alpine roads, stopping along the way to view Doubtful Sound glistening far below. On reaching Deep Cove, you will board the spacious catamaran, for a three hour cruise that takes in the most dramatic scenery of

Doubtful Sound.

Duration: all day

Price: NZ\$519(16+)
Price: NZ\$319(up to 15)



MILFORD SOUND COACH/CRUISE

Queenstown

Grab your camera and explore one of the most beautiful places on earth! You'll see towering cliffs and peaks, including the much photographed and iconic Mitre Peak rising more than a kilometer straight out of the sea. Waterfalls cascade into the fiord and luxuriant rain forest clings to sheer rock faces in this exceptional place. The journey to Milford from Queenstown is magnificent. The Milford Road is one of the finest alpine drives in the world. The scenery is exceptional and once arrived in Milford Sound, you'll join one of the boats for your cruise.

Duration: all day

Price: NZ\$319 (16+)
Price: NZ\$189 (up to 15)

SHOTOVER JET

Queenstown

From the moment the accelerator hits the floor, your adrenaline hits the roof as you speed in mere centimetres of water along the famous Shotover River and deep into the spectacular Shotover River Canyons. It's an amazing white water ride, as the Shotover Canyon walls tower over you, your expert driver puts your 'Big Red' Jet Boat through its paces and skillfully whips it past rocky outcrops, skims around crags and boulders, and speeds through the dramatic and narrow canyons. Rock faces blur in your peripheral vision and the water sprays into myriads of white water crystals with every turn as you speed in your state of the art 'Big Red' Jet Boat at up to 85kph over crystal clear water as shallow as 10cm deep.

Duration: ~ 1.5 hours

Price: NZ\$139



DART RIVER WILDERNESS JET

Queenstown

The ultimate, original half day Wilderness Jet boat adventure takes you on an unforgettable journey along the braided, glacier-fed Dart River. Experience the unique combination of breath-taking scenery and an exhilarating ride as we take you deep into Mount Aspiring National Park – a UNESCO World Heritage Area. With unrivalled National Park access, we cover up to 90km of river on a trip making Dart River Adventures the longest jet boat ride in the region.

Duration: ~ 3.5 hours

Price: NZ\$399 (16+)

Price: NZ\$299 (up to 15)



STARGAZING SUMMIT EXPERIENCE

Tekapo

At 1,029m high, Mt John offers unrivalled 360-degree views across the largest accredited International Dark Sky Reserve in the world. Expert astronomy guides bring the night sky to life, sharing the science and the stories of our Southern skies.

Stargaze using the naked eye guided by lasers and then proceed to explore deeper through up to 16" optical telescopes, including in the private observatory dome. Take in the incredible Milky Way, far off planets, star clusters, solar systems, and even distant galaxies; every night sky beholds something different.

Duration: ~ 2.0 hours

Price: NZ\$239

STARGAZING & HOTPOOLS

Tekapo

The ultimate in stellar relaxation, Tekapo Star Gazing is the only guided hot pools and star gazing experience in New Zealand. The tour operates from the renowned facilities of Tekapo Springs, combining the stunning Aoraki Mackenzie International Dark Sky Reserve with our soul-warming hot pools.

A 1.5-hour experience, the first half of this guided indoor and/or outdoor tour introduces you to Tekapo's amazing night skies with a unique combination of astronomy and storytelling. You will then enjoy exclusive use of a 37.5 – 38.5°C hot pool; lie on a floating hammock and feel like you're soaking in the stars as you explore the wonder of night skies!

Duration: ~ 1.5 hours

Price: NZ\$139



ZIPLINING

Kaikoura

Views that leave you speechless, thrills that leave you breathless – this is Kaikōura like you've never seen it before.

Your 3.5-hour eco-tourism adventure starts in the centre of town. At EcoZip's homebase, you'll meet some of our legendary crew, who will prep you for your 15-minute scenic shuttle ride south, in airconditioned comfort, to our "gear up" and staging location. Five, epic ziplines, ranging from 250m to 620m in length await. All up, you'll 'zip' over 2.2km on a series of ziplines that deliver increasingly spectacular sea and mountain views.

And our twin lines make this side-by-side adventure an exhilarating, shared experience. This is an adventure activity, please see the safety info here:

<https://www.ecozipadventures.co.nz/information/safety/>

Duration: ~ 4.0 hours

Price: NZ\$199(16+)
Price: NZ\$129 (up to 15)



DOLPHIN WATCH

Kaikoura

The opportunity to join the tour as a watcher provides spectacular viewing of these acrobatic and energised dolphins. Also witnessing the interaction between swimmers and dolphins is a fascinating experience and could quite accurately be described as the most incredible dolphin show you are likely to see. Please note this is an adventure activity.

Duration: ~ 3.5 hours

Price: NZ\$135 (15+)
Price: NZ\$85 (up to 14)

DOLPHIN SWIM

Kaikoura

Imagine being eye to eye with a dusky dolphin!

It is something incredibly special that these wild animals choose to stop and engage 1:1 with swimmers in the water. Dusky dolphins are probably the most interactive dolphin species; we don't know why, and this sense of mystery makes the engagement with them all the more extraordinary!

Often described as a life-changing experience; snorkeling with the pod will leave you with lasting magical memories.

This bucket list activity is very sought after, often selling out!

Duration: ~ 3.5 hours

Price: NZ\$245 (15+)
Price: NZ\$230 (up to 14)



CATHEDRAL COVE KAYAKING

Hahei

Rated by NZ's leading tour companies as one of the best sea kayaking trips in the country, the "Cathedral Cove Classic" has got it all. Paddle through amazing sea caves, explore volcanic islands in the Marine Reserve and enjoy a cappuccino at our exclusive Cathedral Cove beachfront cafe.

No kayaking experience is necessary. We paddle stable, double sea kayaks and our qualified guides will give you full instructions and assistance. Please find and read the Risk

Disclosure on the operators website:

<https://kayaktours.co.nz/faq/#toggle-id-3>

Duration: ~ 3.0 hours

Price: NZ\$105 (<18yrs)
Price: NZ\$175 (18yrs+)



SURF LESSON

Hahei

Designed for the novice surfer, these lessons are fun, easy, and safe. You will be taught the fundamental basics of surfing, how to identify hazards, safety signals and how to use the equipment safely.

A great, fun activity with your mates at a beautiful New Zealand beach :)

Duration: ~ 2.0 hours

Price: NZ\$80

ALL BLACKS EXPERIENCE Auckland

Discover the Legend. Live the Game.

This is more than a rugby attraction; it's an immersive cultural masterclass, a story 120 years in the making. At the All Blacks Experience, you will:

- Uncover rich heritage: Explore the Māori heritage that powers our national teams in black, feeling the immense pride of a nation.
- Face the haka: Stand spellbound by the power of the Haka – a spine-tingling, multi-sensory performance. Prepared for kick off?
- Test your skills: Step onto our interactive training field. Can you kick, pass, and think fast like a pro?
- Discover untold stories: Gain unique insights into the discipline, unity, and identity that define our All Blacks and Black Ferns, told by the legends who pushed the limits of performance.

Duration: ~ 1.0 hour

Price: NZ\$49



BRIDGE WALK & BUNGY

Auckland

Combine Auckland Bridge Bungy and Auckland Bridge Climb for a unique experience! Auckland Bridge Bungy (bungee) is not to be missed if you want an activity in Auckland that really showcases the true Kiwi spirit. Featuring stunning views of the Waitemata Harbour and an exclusive bridge walk out to a specially constructed Bungy pod, this experience will thrill and surprise you, especially if you opt for a water-touch and enjoy a nice ocean dip! Auckland Bridge Climb is a 1 1/2 hours sightseeing tour that will have you wondering whether to look at your feet or focus on the spectacular views.

Duration: ~ 3.0 hours

Price: NZ\$325



AUCKLAND BRIDGE BUNGY

Auckland

Featuring stunning views of the Waitemata Harbour and an exclusive bridge walk out to a specially constructed Bungy pod, this experience will thrill and surprise you, especially if you opt for a water-touch and enjoy a nice ocean dip! Facts: NZ's Only Ocean Touch Equipped to offer EVERY Bungy option – ankle tie, harness jump or tandem! Free Jump T-Shirt Include Exclusive Access to the Auckland Harbour Bridge. Risk Disclosure on the operators website:

<https://www.bungy.co.nz/legal/>

Duration: ~ 2.0 hours

Price: NZ\$220



BRIDGE CLIMB

Auckland

Lasting for 1 1/2 hours, this Auckland sightseeing tour will have you wondering whether to look at your feet or focus on the spectacular views. And of course it also gets you up close and personal with the Bungy Jumping action! Custom engineered walkways provide a safe, stylish and enjoyable experience while gently curving arches ensure this easy-going walk is suitable for all ages. If you're looking to enjoy the best in Auckland attractions and scenery, with 360 degree views from the summit, then the Auckland Bridge Climb is the Auckland sightseeing tour for you! Please find and read the Risk Disclosure on the operators website:

<https://www.bungy.co.nz/legal/>

Duration: ~ 2.0 hours

Price: NZ\$125



SKY WALK & JUMP

Auckland

Challenge yourself to complete BOTH thrilling Sky Tower adventures – the SkyWalk and SkyJump! SkyWalk Walk the 1.2 metre-wide walkway around Auckland’s iconic Sky Tower – 192 metres above the ground, with no handrails and nothing but air either side of you! Then... SkyJump JUMP OFF the Sky Tower – 192 metres straight down! SkyJump can be described as Base Jumping, while attached to a wire – just like a movie stuntman! You’ll fall very fast (approximately 85kph) for around 11 seconds, and then come to a very smooth landing in the Sky City plaza below

Duration: ~ 2.0 hours

Price: NZ\$445



SKY JUMP

Auckland

Experience New Zealand’s Highest Jump (192m)! SkyJump is one of New Zealand’s most thrilling tourist attractions and one of those ‘don’t miss’ Auckland’s experiences. Please find and read the Risk Disclosure on the operators website:

<https://www.bungy.co.nz/legal/> SkyJump can be described as Base Jumping, while attached to a wire – just like a movie stuntman! You’ll fall very fast (approximately 85kph) for around 11 seconds, and then come to a very smooth landing in the Sky City plaza below. The rush is unbeatable and an unforgettable experience for true daredevils, base-jump by wire off the tallest man-made structure in New Zealand.

Duration: ~ 1.0 hours

Price: NZ\$290

SKY WALK

Auckland

Take a walk on the wild side at the top of New Zealand’s highest building. With no handrails to separate you from the 192m drop, you’ll be doing some adrenaline-fuelled challenges designed to get your heart racing while you take in those epic 360-degree views of the City of Sails..

Duration: ~ 1.5 hours

Price: NZ\$175



ULTIMATE CANOPY TOUR

Rotorua

The Ultimate Canopy Tour takes everything people love about the award-winning Original and pushes it further. Over 3 unforgettable hours, you'll venture deep into untouched native forest on a course built for scale and immersion. Begin with a spiral staircase climbing a 1,000-year-old miro tree, then ride 1.2 kilometres of ziplines – 50, 100, 200, and finally a 400-metre tandem line of pure canopy flight. Cross three swing bridges, climb New Zealand's only suspended staircase, and traverse a volcanic cliff-walk 50 metres above the forest floor. With rare bird encounters and world-class guiding, this is adventure elevated. Duration ~3.5hrs

Price: NZ\$269 (16yrs+)
Price: NZ\$239 (<16yrs)



ORIGINAL CANOPY TOUR

Rotorua

The Original Canopy Tour takes you deep into a forest frozen in time, one of the last pockets of pre-human wilderness in Aotearoa. Over three incredible hours, you'll fly on six ziplines, including a 220-metre canopy ride, cross two swing bridges, and explore treetop platforms up to 18 metres high. Launch from a 1,000-year-old rimu tree, hear the tūi and korimakō calling through the trees, and see for yourself what a predator-free New Zealand could look like. Guided in small groups, this is adventure, conservation, and nature at its best. Duration ~ 2.5 hrs

Price: NZ\$199 (16yrs+)
Price: NZ\$169 (<16yrs)

